

WOMEN'S 2016 XC BEST TIMES OF THE YEAR

5K

Rank	Name	Year	Time	Avg. Mile	Meet
1.	Cara Sherman	So.	17:51.4	5:44.8	UAlbany XC Invitational
2.	Hannah Smith	Sr.	18:10.9	5:51.1	America East XC Championships
3.	Hannah Reinhardt	Fr.	18:16.8	5:53.0	America East XC Championships
4.	Nira Lovick	Jr.	18:33.8	5:58.5	UAlbany XC Invitational
5.	Schuyler Pruyn	Sr.	18:34.3	5:58.6	UAlbany XC Invitational
6.	Colleen Maloney	Jr.	18:35.9	5:59.1	UAlbany XC Invitational
7.	Laura Nolan	Fr.	18:37.4	5:59.6	UAlbany XC Invitational
8.	Jessica Donohue	Jr.	18:54.6	6:05.2	Harry Lang Invitational
9.	Holly Machabee	Fr.	18:59.6	6:06.8	UAlbany XC Invitational
10.	MacKenzie Pierie	So.	19:00.2	6:07.0	UAlbany XC Invitational
11.	Lea Simonini	Fr.	19:42.3	6:20.5	Harry Lang Invitational
12.	Bellame Bower	Fr.	20:14.6	6:30.9	Harry Lang Invitational
13.	Delilah Quinones	So.	20:19.1	6:32.4	UAlbany XC Invitational
14.	Kirsten Kaminski	So.	20:53.0	6:43.3	UAlbany XC Invitational
15.	Tiguida Toure	So.	21:15.9	6:50.6	UAlbany XC Invitational
16.	Kasia Geiger	Jr.	21:58.8	7:04.4	UAlbany XC Invitational

6K

Rank	Name	Year	Time	Avg. Mile	Meet
1.	Hannah Smith	Sr.	21:42.7	5:49.4	Paul Short Invitational
2.	Cara Sherman	So.	21:59.6	5:53.9	Paul Short Invitational
3.	Hannah Reinhardt	Fr.	22:22.1	6:00.0	Northeast Regional Championships
4.	Lea Simonini	Fr.	22:32.2	6:02.7	Paul Short Invitational
5.	Nira Lovick	Jr.	22:40.0	6:04.8	Paul Short Invitational
6.	Schuyler Pruyn	Sr.	22:43.5	6:05.6	Northeast Regional Championships
7.	MacKenzie Pierie	So.	22:56.0	6:09.0	Paul Short Invitational
8.	Laura Nolan	Fr.	22:57.1	6:09.3	Paul Short Invitational
9.	Colleen Maloney	Jr.	23:06.5	6:11.9	Paul Short Invitational
10.	Holly Machabee	Fr.	23:36.1	6:19.8	Northeast Regional Championships